***''1 = 1 WE ARE ALL DIFFERENT, BUT EQUAL ''***

**We are all different, sometimes we feel proud because of it and we love to show that difference, but sometimes we hide it because we are afraid of being left out or we simply just want to be like others. Also, we are equal because we are humans and we share a lot of mutual qualities.**

**Topics**

⦁ Personal identity

⦁ Human's characteristics

⦁ We are all different, but equal

**Goals**

⦁ Get to know and accept each other

⦁ Show that we are all different

⦁ Show that we are all equal

⦁ Indicate the ways on forming personal identity

**Time**

Part A 20 to 30 minutes

Part B 20 to 30 minutes

Part C 15 to 20 minutes

Discussion 15 to 20 minutes

**Group size**

Not important

**Preparation**

⦁The list of personal characteristics – for part A

⦁ **Papers, coloring pencils, duct tape – for part B (it would be good if it is available in school)**

**Instructions**

This includes three mini-activities that are connected together to give ability to students to explore and see the differences between them, to think about what makes each of us special and share what they have in common.

**PART A – DIFFERENCES**

1. Make sure that there is enough space in the room.

2. Ask members to imagine a line that is separating the room in to 2 parts – positive and negative. Stand on the line.

3. Ask everyone to stand on the side that matches their point of view on each assertion.

4. Repeat assertions that are going to get more personal and daring after a while, for ex. Cross the line *if you have* roman friends.

**PART B – EQUALITY**

1. Ask the group to think about shirts that they are wearing, especially the ones that have logos or slogans. Are they wearing them just because they like the design or because they want to show the idea that they representing?

2. Ask each person to design a personal logo for their shirt, a logo that expresses their beliefs and personality.

3. Give papers and colors to all the members and give them 15 minutes to draw their personal design.

4. When they are done, ask them to attach the design on their shirt and walk through the room for everyone to be able to see what they have created.

**PART C – FINDING MUTUAL CHARACTERISTICS**

1. Ask each person to find some one who shares three mutual characteristics: the first on is the one about what they always do/think/feel, second one on what they sometimes do/think/feel and third one on what they never do/think/feel.

2. Ask each pair to find another pair that shares same characteristics. If they can't find those, they need to negotiate and find another three mutual characteristics.

3. Now ask quadruplets to find another quadruplet with same characteristics until everyone becomes one group.

4. If a group is very large, activities can be done in a circle by raising hands after hearing a characteristic that belongs to them until the characteristic that belongs to everyone is found.

**Discussion and evaluation**

Ask every person about their thought of the previous activity and whether they liked it. Discuss everything you’ve learned from it.

How did people who were the only one to cross the line in the first activity feel?

How did they feel about showing themselves as an individual person different from others?

How did you feel after seeing how many characteristics you share without members of the group?

In our everyday life, when do you have a need to feel different and unique, and when do you want to be like every one else?

**Ask each person to share some of their experiences**

Have you ever been forced to hide your real identity just to fit in?

Have you ever felt discriminated by others just because you were different or you were connected to some one else?

Have you ever been forced to change or discard one of your characteristic just to be accepted?

I AM

I AM…

|  |
| --- |
| INTELLIGENT |
| SOCIAL |
| HELPLESS |
| CONFIDENT |
| INTOLERABLE |
| PROBLEMATIC |
| HAPPY |
| UNDECISIVE  I AM NOT |
| WORTHLESS |
| CONCEITED |
| UNSUCCESSFUL |
| CALM |
| SATISFIED |
| CRANKY |
| DISTRUSTFUL |
| UNCONTROLLABLE |
| LIKEABLE |
| INSECURE |
| TRUCULENT |
| SELF-INITIATIVE |
| AMBITIOUS  I WANT TO BE |
| CREATIVE |
| TOLERABLE |
| POLITE |
| COMPOSED |
| EMOTIONAL |