**\*\*\* ME \*\*\***

First name and last name

**I ASSIGN TO MYSELF**

**A DEGREE**

**FOR**

**WITH A PROMISE THAT I WILL**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

Signature

**WHO AM I**

An important element for success in life is recognizing yourself. To make life goals more realistic and achievable, a correct feeling of self-knowledge is needed. You need to know your own strengths and limits, what you like and don’t, wish for, need, believe in and value: Next questions will help you classify these elements.

**Think about something you learned in life. Next instructions will help you to start:**

* Which things in life did you learn fast and easy (count at least 5 of them)?



* What it the thing you learned because you worked on it, even thought it was hard?

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* What could you show to people how to do it?

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* What are your talents (strength, abilities)? \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* What are a few of your main accomplices?

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* In which school subject wore you the most successful?

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**What about weaknesses?** Everybody has them. You aren’t alone. Here are few things in which people have problems in. If any of these examples suits you put a mark next to it.

\_ 1.) I use my free time well.

\_ 2.) I defend myself when I know I’m right.

\_ 3.) Overcoming shyness.

\_ 4.) Building self beliefs.

\_ 5.) Encourage myself with beliefs in success.

\_ 6.) Encourage myself with beliefs in my own strength.

\_ 7.) Learn on my own mistakes.

\_ 8.) Acknowledge existing weaknesses.

\_ 9.) Starting a conversation with people i have just met.

**Ask yourself well and answer these following points.**

My personal strengths (talents, achievements)

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_My personal weaknesses (flaws, abilities, difficulties)

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**Now, fill in these sentences. Don’t think about how to formulate them perfectly, but take enough time to analyse yourself.**

I am a person who \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

One of things I’m proud of is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I find it hard to admit \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

One of better things which I could tell about myself right now is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I think I could except about myself \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I think I could accept from others \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

One of the things that make me mad is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Best thing in childhood \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

So that I could make progress what I need the most is \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I’m happy when \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I’m sad when \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I’m scared when I \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I’m lonely when \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

I get frustrated when \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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**NAME DATE**

**Astrological (Zodiac) signs**

**and your personality**

A lot of people believe that the date of birth and astrological sign considerably incise our personality. Look at your astrological sign and a brief description of people born in that sign. Then answer the question on the next page.

**Aquarius (21.1 – 19.2) Pisces (20.2 – 20.3) Aries (21.3 – 20-4)**

**-** Sometimes She/he feels - They go on without planning - She/he has strong alienated or socially isolated. and they are dreamers. sense of leadership. - Makes magical and fun - Their emotionality finds - Is impulsive and hasty atmosphere when in company. expression in art, especially - Loves being respected - Are warm and hearty but in music and in film. and hates when people tell sometimes find it hard to - Sometimes are too sensitive them what to do. show their feelings. and have a feeling of being victimised. – Sometimes is romantic and naive.

**Taurus (21.4 – 22.5) Gemini (23.5 – 21.6) Cancer (22.6. – 22.7)**

**-** Unwillingly starts changes. - Is flexible, adjustable and - Loyal, sentimental and -Enjoys in relaxation and curious. is turned towards the past. sensory pleasures. - Sometimes are unstable - Sometimes feels vulnerable – Sometimes is occupied with unreliable and included in and can be oversensitive. material things and money. Too much stuff at once. - Has a very strong intuition - Loves safety and – Are funny in company, and has deep feelings. stability. always ready for changes and -Is very attached to home

dont get anything to serious. and family.

**Leo (23.7 – 22.8) Virgo (23.8 - 22.9) Libra (23.9 – 22.10)**

- Is warm, joyful, playful - Perfectionist who is motivated - Cares for fairness and justice. and romantic. for hard work with strong wish - Likes to organise people and - Sometimes is proud to help others. and help them to function. and pretentious. - Likes to analyse everything. - Wants compromise and peace - Acts dramatic. - Has to organise. at any costs. - Affects on other people. - Sometimes is self-critic.

**Scorpio (23.10 – 21.11) Sagittarius (22.11 – 22.12) Capricorn (23.12 – 20.1)**

- Is verydetermined and - Wants the truth, loves travelling - Is oriented towards the goal, persistent. and has a need to learn about practical, determined and - Loves emotional stability intellectual things. and serious. and is sometimes jealous - Doesn’t like trivial and - Wants to be on the top, and passionate. superficial things. working hard to achieve it. – Wants to control the - Is flexible and inspired by - Sometimes he/she misses unknown. the mind and intellectual achievements. emotional sensitivity - Loves intensive - Sometimes is prone to contention. and spontaneously. emotional ties.

Does your sign describe you well?

On a special piece of paper explain why yes or why not.